

Students

Health Assessment for Interscholastic Sports

Health assessment is required for interscholastic participation in sports at the middle and high school level.

The health assessment for sports must be completed prior to the first training session of the sports season and shall not expire during the upcoming season. Health assessments are valid for 12 months. An interim health history must be completed prior to participation in each sport, along with parent permission.

Students who are not in compliance with a valid health assessment, interim health/history, and have permission from their parent/guardian will not be allowed to participate.

This assessment, if done by the School Medical Advisor/designee, is only to determine readiness for sports participation. It should not be used as a substitute for regular health maintenance examinations.