

## **Instruction**

### **Interscholastic/Intramural Athletics/Sunday Games**

#### **Elementary Schools**

Intramural activities shall be encouraged and organized by the elementary school Principal and staff.

#### **Middle School**

Intramural activities and interscholastic competition shall be encouraged and organized by the Principal and staff and may be conducted on a limited basis with the following limitations:

1. Interscholastic football games shall not be scheduled.
2. Evening or night sports events shall not be regularly scheduled.
3. The number of interscholastic contests shall be limited to no more than eight for each sport with the following exceptions:
  - a. Cross country and track teams may participate in two invitational meets in addition to the eight scheduled meets.
  - b. Not more than ten eighth grade basketball games should be scheduled per year. However, the eighth grade basketball team may participate in two invitational tournaments in addition to the regularly scheduled games.

#### **High School**

Intramural and interscholastic competition shall be encouraged and organized by the Principal and staff members. Each individual coach shall be required to establish rules and regulations essential and directly related to performance in his/her particular sport and submit rules and regulations to his/her principal or designee for approval. The Principal's or his/her designee's approval is required prior to the beginning of the particular sport.

School or family physicians shall have the authority to curtail the participation of any player in any athletic or physical activity.

Medical services available shall be at all varsity football games--home and away. Ninth grade students should engage in interscholastic football competition only with ninth grade students.

(cf. 6145.21 – Sunday Play of Postponed Friday & Saturday Games)

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WATERFORD PUBLIC SCHOOLS  
Waterford, Connecticut