

# Great Strides 5K Road Race And Kid Fun Run

Sunday April 1, 2012, 10 a.m., Rain or shine

Great Neck School • 165 Great Neck Road • Waterford, CT

Certified  
Course

## 5K Run/Walk

Adults registered before April 1<sup>st</sup> \$15, race day \$20

Students registered before April 1<sup>st</sup> \$10, race day \$15

\*\*\*\*Teams of 5 or more registered before April 1st, \$10 for each runner\*\*\*\*

Awards for overall male & female and top 3 male & female finishers in each age category

*T-shirts for the first 100 registered 5K runners (sizes first come first serve on race day)*

## Kid Fun Run

FREE!! Open to all children 11 and under. Kids' races will begin at 11 a.m.

Four age group races: 5 and under, 6 – 7, 8 – 9, and 10 – 11,

Awards for the top three finishers in each age group, ribbons for all participants

All proceeds to benefit Great Neck School

Questions? Contact Kerry at (860) 608-8176, email [grillq@sbcglobal.net](mailto:grillq@sbcglobal.net) or [www.waterfordschools.org/gn](http://www.waterfordschools.org/gn)

✂-----✂

Mail entry to: Great Neck School, c/o Great Strides Race Committee, 165 Great Neck Road, Waterford, CT 06385

Please make check payable to Great Neck School PTO.

Official use only

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Phone number: \_\_\_\_\_ Gender: M F

Address: \_\_\_\_\_ City/State: \_\_\_\_\_ Zip: \_\_\_\_\_

Please check which race you are registering for:

- 5K Run/Walk  
 Kid Fun Run

T-shirts included for first 100 registered 5K runners.

Additional t-shirts can be ordered for \$10 each.

Please specify quantity and size:

Adult: S M L XL Child: M L

I agree to assume all responsibility for all risk of damage or injury that may occur to me as a participant in this event. As a condition of acceptance of my entry, I hereby for myself, my heirs, executors and administrators, waive and release, the Great Neck School PTO, the organizing committee, the Town of Waterford, SNERRO, USATF, the sponsors and their representatives and employees for any injuries suffered me while competing in or traveling to or from the events described in this application. I certify that I have properly trained for and to the best of my knowledge am physically fit for this run/walk.

\_\_\_\_\_  
Signature of Participant (Legal guardian if under 18 years of age)

\_\_\_\_\_  
Date

SNERRO officiating, computer timing, and water stop. Fast course! One participant per application.