




GREAT NECK ELEMENTARY
 OSWEGATCHIE ELEMENTARY
 QUAKER HILL ELEMENTARY



**FEBRUARY
 2019
 BREAKFAST MENU**

Breakfast **\$2.00**
 Reduced \$.30

ALTERNATE BREAKFAST AVAILABLE DAILY: CEREAL, FRUIT, MILK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Waffles Sausage links Melon slices Milk
4 Cereal Fresh orange Milk	5 Cinnamon breakfast round 100% apple juice Fresh orange Milk	6 Sausage, egg, cheese on an English muffin Pear cup Milk	7 Yogurt Graham crackers Applesauce cup Milk	8 Goody ring Melon slices Cheese stick Milk
11 Cereal Fresh orange Milk	12 Cinnamon toast Sausage links Orange slices Milk	13 Yogurt Graham crackers Applesauce Milk	14 Blueberry muffin Cheese stick Peach cup Milk 	15 Cereal Melon slices Milk
18 President's Day Recess	19	20 Cereal Banana Milk	21 Yogurt parfait Graham crackers Mixed fruit Milk	22 Blueberry muffin Cheese stick Applesauce cup Milk 
25 Cereal Fresh orange Milk	26 Blueberry muffin Cheese stick Applesauce cup Milk	27 Egg, cheese on an English muffin Applesauce cup Milk	28 Cinnamon toast Sausage links Orange slices Milk	

**MILK: choice of low-fat (1% or less unflavored only)
 or fat-free (unflavored or flavored)
 menus are subject to change**



FEBRUARY
2019
LUNCH MENU
WATERFORD PUBLIC SCHOOLS

ELEMENTARY PRICES

Lunch \$3.00

Milk \$.60

visit www.mypaymentsplus.com

Alternate meal: Sandwich on wheat bread, fresh fruit or fruit cup, veggie sticks, cheese stick, milk offered daily

Alternate meal: Choice of Yogurt or salad, wheat bread, cheese stick, fresh fruit or fruit cup, veggie sticks, milk offered daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>Groundhog Day Feb. 2nd</p>		<p>1 Pizza</p> <p>A Romaine salad w/ dressing Mixed fruit cup Milk</p>
<p>4 Cheeseburger w/ roll</p> <p>B Baked beans Veggie cup Melon slices Milk</p>	<p>5 Nachos w/ meat, cheese</p> <p>C Spanish rice Corn Applesauce cup Milk</p>	<p>6 Pasta w/ meatsauce</p> <p>D Garlic bread Romaine salad Diced pears Milk</p>	<p>7 French toast sticks</p> <p>A Sausage links Potato puffs Fresh orange 100% orange juice Milk</p>	<p>8 Pizza</p> <p>B Romaine salad w/ dressing Applesauce cup Milk</p>
<p>11 Hot dog w/ roll</p> <p>C Oven fries Cucumber sticks Mixed fruit cup Milk</p>	<p>12 Chicken alfredo w/ vegg</p> <p>D Garlic bread Romaine salad Peach cup Milk</p>	<p>13 Italian dippers w/ marinara sauce and meatballs</p> <p>A Romaine salad Melon slices Milk</p>	<p>14 Pancakes</p> <p>B Sausage links Potato puffs Fresh orange Milk</p> <p>Be Mine! sidekick cup</p>	<p>15 Pizza</p> <p>C Romaine salad w/ dressing Mixed fruit cup Milk</p>
<p>18</p> <p>President's Day Recess</p>	<p>19</p>	<p>20 Diced chicken and gravy</p> <p>D Mashed potatoes Green beans Wheat bread Fresh orange Milk</p>	<p>21 Mini corn dogs</p> <p>A Oven fries Veggie sticks Mixed fruit cup Milk</p>	<p>22 Pizza</p> <p>B Romaine salad w/ dressing Fresh orange Milk</p>
<p>25 Chicken patty or BBQ chicken w/ roll</p> <p>C Oven fries Peas Fresh apple Milk</p>	<p>26 Hot dog w/ roll</p> <p>D Oven fries Cucumber sticks Mixed fruit cup Milk</p>	<p>27 Spaghetti w/ meatballs</p> <p>A Romaine salad Garlic bread Applesauce Milk</p>	<p>28 Grilled cheese sandwich</p> <p>B Chicken noodle soup Veggie sticks Applesauce cup Milk</p>	

All meals are served with a choice of fresh chilled milk
Also available: choice of sandwich, yogurt or salad plate

MENUS ARE SUBJECT TO CHANGE



water also available
\$1.00



Each meal includes choice of:

Vegetables: veggie of the day or fresh veggie cup

Fruit: fresh, canned in lite syrup or 100% fruit juice